






Muscogee County School District
School Nutrition Program

Menu Template Calendar


SY' 19-20 High School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
Oct-28	29	30	31	Nov-1
				

SY' 19-20 High School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
<p>Pancakes w/cinnamon glaze Pancakes, w/ Cinnamon Glaze Syrup String Cheese Fresh Fruit Canned Fruit</p> <p>PopTart w/string cheese Poptarts, Strawberry, WG String Cheese Poptarts, Cinnamon, WG String Cheese</p> <p>Cereal w/Muffin Cheerios Cereal Bowl Banana Muffin Rice Krispie Cereal Bowl Blueberry Muffin Chex Cinnamon Cereal Bowl Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Cinnamon Toast Crunch Cereal Bar Chewy Cocoa Krispies Cereal Bar</p> <p>Breakfast Milk Choices Milk Choices, Fat Free Vanilla Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices Dairy Ease Milk Milk Choices</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p>Chicken Biscuit Chicken Biscuit Oranges Canned Fruit</p> <p>PopTart w/string cheese Poptarts, Strawberry, WG String Cheese Poptarts, Cinnamon, WG String Cheese</p> <p>Cereal w/Muffin Cheerios Cereal Bowl Banana Muffin Rice Krispie Cereal Bowl Blueberry Muffin Chex Cinnamon Cereal Bowl Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Trix Cereal Bar</p> <p>Breakfast Milk Choices Milk Choices, Fat Free Vanilla Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices Dairy Ease Milk Milk Choices</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p>Cinnamon Rolls Cinnamon Rolls String Cheese Fresh Fruit Applesauce Cups</p> <p>PopTart w/string cheese Poptarts, Strawberry, WG String Cheese Poptarts, Cinnamon, WG String Cheese</p> <p>Cereal w/Muffin Cheerios Cereal Bowl Banana Muffin Rice Krispie Cereal Bowl Blueberry Muffin Chex Cinnamon Cereal Bowl Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Trix Cereal Bar</p> <p>Breakfast Milk Choices Milk Choices, Fat Free Vanilla Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices Dairy Ease Milk Milk Choices</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p>Breakfast Pizza Breakfast Pizza String Cheese Canned Fruit Fresh Fruit</p> <p>PopTart w/string cheese Poptarts, Strawberry, WG String Cheese Poptarts, Cinnamon, WG String Cheese</p> <p>Cereal w/Muffin Cheerios Cereal Bowl Banana Muffin Rice Krispie Cereal Bowl Blueberry Muffin Chex Cinnamon Cereal Bowl Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Trix Cereal Bar</p> <p>Breakfast Milk Choices Milk Choices, Fat Free Vanilla Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices Dairy Ease Milk Milk Choices</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p>Cheese Grits Cheese Grits Honey Wheat Yeast Rolls Fresh Fruit Pineapple Tidbits</p> <p>PopTart w/string cheese Poptarts, Strawberry, WG String Cheese Poptarts, Cinnamon, WG String Cheese</p> <p>Cereal w/Muffin Cheerios Cereal Bowl Banana Muffin Rice Krispie Cereal Bowl Blueberry Muffin Chex Cinnamon Cereal Bowl Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Trix Cereal Bar</p> <p>Breakfast Milk Choices Milk Choices, Fat Free Vanilla Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices Dairy Ease Milk Milk Choices</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>

SY' 19-20 High School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
	<p>Entrees Donut, Whole Grain</p> <p>Biscuit of the Day Chicken Biscuit Ham Biscuit Sausage Biscuit Egg Biscuit Plain Biscuit Jelly</p> <p>Breakfast Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Frosted Corn Flakes Cereal Bowl Rice Krispie Cereal Bowl Rice Chex Cereal Bowl Chex Cinnamon Cereal Bowl Double Chocolate Muffin Banana Muffin Poptarts, Cinnamon, WG Poptarts, Strawberry, WG Cinnamon Toast Crunch Cereal On-The-Go Pouch Golden Grahams Cereal On-The-Go Pouch Granola IW</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p>Entrees Dutch Waffle Syrup</p> <p>Biscuit of the Day Chicken Biscuit Ham Biscuit Sausage Biscuit Egg Biscuit Plain Biscuit Jelly</p> <p>Breakfast Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Frosted Corn Flakes Cereal Bowl Rice Krispie Cereal Bowl Rice Chex Cereal Bowl Chex Cinnamon Cereal Bowl Double Chocolate Muffin Blueberry Muffin Banana Muffin Poptarts, Cinnamon, WG Poptarts, Strawberry, WG Cinnamon Toast Crunch Cereal On-The-Go Pouch Golden Grahams Cereal On-The-Go Pouch Granola IW</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice</p>	<p>Entrees Sausage Biscuit Jelly</p> <p>Biscuit of the Day Chicken Biscuit Ham Biscuit Sausage Biscuit Egg Biscuit Plain Biscuit Jelly</p> <p>Breakfast Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Frosted Corn Flakes Cereal Bowl Rice Krispie Cereal Bowl Rice Chex Cereal Bowl Chex Cinnamon Cereal Bowl Double Chocolate Muffin Blueberry Muffin Banana Muffin Poptarts, Cinnamon, WG Poptarts, Strawberry, WG Cinnamon Toast Crunch Cereal On-The-Go Pouch Golden Grahams Cereal On-The-Go Pouch Granola IW</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice</p>	<p>Entrees Cheese Grits Plain Biscuit</p> <p>Biscuit of the Day Chicken Biscuit Ham Biscuit Sausage Biscuit Egg Biscuit Plain Biscuit Jelly</p> <p>Breakfast Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Frosted Corn Flakes Cereal Bowl Rice Krispie Cereal Bowl Rice Chex Cereal Bowl Chex Cinnamon Cereal Bowl Double Chocolate Muffin Blueberry Muffin Banana Muffin Poptarts, Cinnamon, WG Poptarts, Strawberry, WG Cinnamon Toast Crunch Cereal On-The-Go Pouch Golden Grahams Cereal On-The-Go Pouch Granola IW</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice</p>

SY' 19-20 High School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Milk SY'18 Breakfast Milk Choices Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Fruit Fresh Fruit Canned Fruit</p>	<p>Orange Juice Milk SY'18 Breakfast Milk Choices Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Fruit Fresh Fruit Canned Fruit</p>	<p>Orange Juice Milk SY'18 Breakfast Milk Choices Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Fruit Fresh Fruit Canned Fruit</p>	<p>Orange Juice Milk SY'18 Breakfast Milk Choices Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Fruit Fresh Fruit Canned Fruit</p>

SY' 19-20 High School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
18	19	20	21	22
<p>Entrees Breakfast Burrito Bowl Salsa</p> <p>Biscuit of the Day Chicken Biscuit Ham Biscuit Sausage Biscuit Egg Biscuit Plain Biscuit Jelly</p> <p>Breakfast Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Frosted Corn Flakes Cereal Bowl Rice Krispie Cereal Bowl Rice Chex Cereal Bowl Chex Cinnamon Cereal Bowl Double Chocolate Muffin Blueberry Muffin Banana Muffin Poptarts, Cinnamon, WG Poptarts, Strawberry, WG Cinnamon Toast Crunch Cereal On-The-Go Pouch Golden Grahams Cereal On-The-Go Pouch Granola IW</p> <p>Fruit Fresh Fruit Canned Fruit</p> <p>Juice Variety Apple Cherry Juice Apple Juice</p>	<p>Entrees Breakfast Pizza</p> <p>Biscuit of the Day Chicken Biscuit Ham Biscuit Sausage Biscuit Egg Biscuit Plain Biscuit Jelly</p> <p>Breakfast Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Frosted Corn Flakes Cereal Bowl Rice Krispie Cereal Bowl Rice Chex Cereal Bowl Chex Cinnamon Cereal Bowl Double Chocolate Muffin Blueberry Muffin Banana Muffin Poptarts, Cinnamon, WG Poptarts, Strawberry, WG Cinnamon Toast Crunch Cereal On-The-Go Pouch Golden Grahams Cereal On-The-Go Pouch Granola IW</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p>Entrees Donut, Whole Grain</p> <p>Biscuit of the Day Chicken Biscuit Ham Biscuit Sausage Biscuit Egg Biscuit Plain Biscuit Jelly</p> <p>Breakfast Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Frosted Corn Flakes Cereal Bowl Rice Krispie Cereal Bowl Rice Chex Cereal Bowl Chex Cinnamon Cereal Bowl Double Chocolate Muffin Blueberry Muffin Banana Muffin Poptarts, Cinnamon, WG Poptarts, Strawberry, WG Cinnamon Toast Crunch Cereal On-The-Go Pouch Golden Grahams Cereal On-The-Go Pouch Granola IW</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p>Entrees Waffle Sandwich</p> <p>Biscuit of the Day Chicken Biscuit Ham Biscuit Sausage Biscuit Egg Biscuit Plain Biscuit Jelly</p> <p>Breakfast Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Frosted Corn Flakes Cereal Bowl Rice Krispie Cereal Bowl Rice Chex Cereal Bowl Chex Cinnamon Cereal Bowl Double Chocolate Muffin Blueberry Muffin Banana Muffin Poptarts, Cinnamon, WG Poptarts, Strawberry, WG Cinnamon Toast Crunch Cereal On-The-Go Pouch Golden Grahams Cereal On-The-Go Pouch Granola IW</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p>Entrees Cinnamon Rolls Cinnamon Roll Icing</p> <p>Biscuit of the Day Chicken Biscuit Ham Biscuit Sausage Biscuit Egg Biscuit Plain Biscuit Jelly</p> <p>Breakfast Bar Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Frosted Corn Flakes Cereal Bowl Rice Krispie Cereal Bowl Rice Chex Cereal Bowl Chex Cinnamon Cereal Bowl Double Chocolate Muffin Blueberry Muffin Banana Muffin Poptarts, Cinnamon, WG Poptarts, Strawberry, WG Cinnamon Toast Crunch Cereal On-The-Go Pouch Golden Grahams Cereal On-The-Go Pouch Granola IW</p> <p>Juice Variety Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice</p>

SY' 19-20 High School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice Milk SY'18 Breakfast Milk Choices Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices	Milk SY'18 Breakfast Milk Choices Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Fruit Fresh Fruit Canned Fruit	Milk SY'18 Breakfast Milk Choices Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Fruit Fresh Fruit Canned Fruit	Milk SY'18 Breakfast Milk Choices Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Fruit Fresh Fruit Canned Fruit	Orange Juice Milk SY'18 Breakfast Milk Choices Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Fruit Fresh Fruit Canned Fruit
25	26	27	28	29
