

Muscogee County School District  
School Nutrition Program

**Menu Template Calendar**

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SY' 19-20 Elem/Middle School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
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SY' 19-20 Elem/Middle School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
Oct-28	29	30	31	Nov-1
<p><b>Breakfast Entrees</b>                      Mini Waffles                      Syrup                      Fat Free Chocolate Milk                      Fat Free Vanilla Milk                      Fat Free Strawberry Milk                      1% Milk                      Skim Milk                      Dairy Ease Milk                      Canned Fruit                      Fresh Fruit</p> <p><b>Poptart w/ String Cheese</b>                      String Cheese                      Poptarts, Cinnamon, WG                      Poptarts, Strawberry, WG</p> <p><b>Cereal Assortment</b>                      Cheerios Cereal Bowl                      Cinnamon Toast Crunch Cereal Bowl                      Trix Cereal Bowl                      Rice Krispie Cereal Bowl                      Chex Cinnamon Cereal Bowl                      Rice Chex Cereal Bowl                      Frosted Corn Flakes Cereal Bowl</p> <p><b>Juice Variety</b>                      Apple Cherry Juice                      Apple Juice                      Fruit Punch Juice                      Grape Juice                      Orange Pineapple Juice                      Orange Juice</p>	<p><b>Breakfast Entrees</b>                      Breakfast Pizza                      Fat Free Chocolate Milk                      Fat Free Vanilla Milk                      Fat Free Strawberry Milk                      1% Milk                      Skim Milk                      Dairy Ease Milk                      Canned Fruit                      Fresh Fruit</p> <p><b>Cereal Bar w/ String Cheese</b>                      String Cheese                      Chewy Cocoa Krispies Cereal Bar                      Cinnamon Toast Crunch Cereal Bar                      Trix Cereal Bar</p> <p><b>Cereal Assortment</b>                      Cheerios Cereal Bowl                      Cinnamon Toast Crunch Cereal Bowl                      Bowl                      Trix Cereal Bowl                      Rice Krispie Cereal Bowl                      Chex Cinnamon Cereal Bowl                      Rice Chex Cereal Bowl                      Frosted Corn Flakes Cereal Bowl</p> <p><b>Juice Variety</b>                      Apple Cherry Juice                      Apple Juice                      Fruit Punch Juice                      Grape Juice                      Orange Pineapple Juice                      Orange Juice</p>	<p><b>Breakfast Entrees</b>                      Donut, Whole Grain                      Fat Free Chocolate Milk                      Fat Free Vanilla Milk                      Fat Free Strawberry Milk                      1% Milk                      Skim Milk                      Dairy Ease Milk                      Canned Fruit                      Fresh Fruit</p> <p><b>Nutrigrain Bar w/ String Cheese</b>                      String Cheese                      Blueberry Nutrigrain Cereal Bar                      Strawberry Nutrigrain Cereal Bar</p> <p><b>Cereal Assortment</b>                      Cheerios Cereal Bowl                      Cinnamon Toast Crunch Cereal Bowl                      Bowl                      Trix Cereal Bowl                      Rice Krispie Cereal Bowl                      Chex Cinnamon Cereal Bowl                      Rice Chex Cereal Bowl                      Frosted Corn Flakes Cereal Bowl</p> <p><b>Juice Variety</b>                      Apple Cherry Juice                      Apple Juice                      Fruit Punch Juice                      Grape Juice                      Orange Pineapple Juice                      Orange Juice</p>	<p><b>Breakfast Entrees</b>                      Chicken Biscuit                      Ham Biscuit                      Sausage Biscuit                      Egg Biscuit                      Plain Biscuit                      Jelly                      Fat Free Chocolate Milk                      Fat Free Vanilla Milk                      Fat Free Strawberry Milk                      1% Milk                      Skim Milk                      Dairy Ease Milk                      Canned Fruit                      Fresh Fruit</p> <p><b>Cereal Bar w/ String Cheese</b>                      String Cheese                      Chewy Cocoa Krispies Cereal Bar                      Cinnamon Toast Crunch Cereal Bar                      Bowl                      Trix Cereal Bar</p> <p><b>Cereal Assortment</b>                      Cheerios Cereal Bowl                      Cinnamon Toast Crunch Cereal Bowl                      Bowl                      Trix Cereal Bowl                      Rice Krispie Cereal Bowl                      Chex Cinnamon Cereal Bowl                      Rice Chex Cereal Bowl                      Frosted Corn Flakes Cereal Bowl</p> <p><b>Juice Variety</b>                      Apple Cherry Juice                      Apple Juice                      Fruit Punch Juice                      Grape Juice                      Orange Pineapple Juice                      Orange Juice</p>	<p><b>Breakfast Entrees</b>                      Grits Bowl                      Plain Biscuit                      Fat Free Chocolate Milk                      Fat Free Vanilla Milk                      Fat Free Strawberry Milk                      1% Milk                      Skim Milk                      Dairy Ease Milk                      Canned Fruit                      Fresh Fruit</p> <p><b>Poptart w/ String Cheese</b>                      String Cheese                      Poptarts, Cinnamon, WG                      Poptarts, Strawberry, WG</p> <p><b>Cereal Assortment</b>                      Cheerios Cereal Bowl                      Cinnamon Toast Crunch Cereal Bowl                      Bowl                      Trix Cereal Bowl                      Rice Krispie Cereal Bowl                      Chex Cinnamon Cereal Bowl                      Rice Chex Cereal Bowl                      Frosted Corn Flakes Cereal Bowl</p> <p><b>Juice Variety</b>                      Apple Cherry Juice                      Apple Juice                      Fruit Punch Juice                      Grape Juice                      Orange Pineapple Juice                      Orange Juice</p>

SY' 19-20 Elem/Middle School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
<p><b>Pancakes w/cinnamon glaze</b> Pancakes, w/ Cinnamon Glaze String Cheese Applesauce Cups Fresh Fruit Canned Fruit Syrup</p> <p><b>PopTart w/string cheese</b> Poptarts, Strawberry, WG String Cheese Poptarts, Cinnamon, WG String Cheese</p> <p><b>Cereal w/Muffin</b> Cheerios Cereal Bowl Banana Muffin Rice Krispie Cereal Bowl Blueberry Muffin Chex Cinnamon Cereal Bowl</p> <p><b>Breakfast Milk Choices</b> Milk Choices, Fat Free Vanilla Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices Dairy Ease Milk Milk Choices Strawberry Milk Choices Dairy Ease Milk Milk Choices</p> <p><b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p><b>Chicken Biscuit</b> Chicken Biscuit Oranges Canned Fruit</p> <p><b>PopTart w/string cheese</b> Poptarts, Strawberry, WG String Cheese Poptarts, Cinnamon, WG String Cheese</p> <p><b>Cereal w/Muffin</b> Cheerios Cereal Bowl Banana Muffin Rice Krispie Cereal Bowl Blueberry Muffin Chex Cinnamon Cereal Bowl</p> <p><b>Breakfast Milk Choices</b> Milk Choices, Fat Free Vanilla Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices Dairy Ease Milk Milk Choices</p> <p><b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p><b>Cinnamon Rolls</b> Cinnamon Rolls Fresh Fruit Applesauce</p> <p><b>PopTart w/string cheese</b> Poptarts, Strawberry, WG String Cheese Poptarts, Cinnamon, WG String Cheese</p> <p><b>Cereal w/Muffin</b> Cheerios Cereal Bowl Banana Muffin Rice Krispie Cereal Bowl Blueberry Muffin Chex Cinnamon Cereal Bowl</p> <p><b>Breakfast Milk Choices</b> Milk Choices, Fat Free Vanilla Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices Dairy Ease Milk Milk Choices</p> <p><b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p><b>Breakfast Pizza</b> Breakfast Pizza String Cheese Fresh Fruit Peaches, Canned</p> <p><b>PopTart w/string cheese</b> Poptarts, Strawberry, WG String Cheese Poptarts, Cinnamon, WG String Cheese</p> <p><b>Cereal w/Muffin</b> Cheerios Cereal Bowl Banana Muffin Rice Krispie Cereal Bowl Blueberry Muffin Chex Cinnamon Cereal Bowl</p> <p><b>Breakfast Milk Choices</b> Milk Choices, Fat Free Vanilla Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices Dairy Ease Milk Milk Choices</p> <p><b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>	<p><b>Cheese Grits</b> Cheese Grits Honey Wheat Yeast Rolls Fresh Fruit Pineapple Tidbits</p> <p><b>Cereal w/Muffin</b> Cheerios Cereal Bowl Banana Muffin Rice Krispie Cereal Bowl Blueberry Muffin Chex Cinnamon Cereal Bowl</p> <p><b>PopTart w/string cheese</b> Poptarts, Strawberry, WG String Cheese Poptarts, Cinnamon, WG String Cheese</p> <p><b>Breakfast Milk Choices</b> Milk Choices, Fat Free Vanilla Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices Dairy Ease Milk Milk Choices</p> <p><b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p>





SY' 19-20 Elem/Middle School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
	<p><b>Entrees</b> Donut, Whole Grain</p> <p><b>Cereal Bar w/ String Cheese</b> String Cheese Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar</p> <p><b>Cereal Assortment</b> Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Rice Krispie Cereal Bowl Chex Cinnamon Cereal Bowl Rice Chex Cereal Bowl Frosted Corn Flakes Cereal Bowl</p> <p><b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p> <p><b>Milk SY'19 Breakfast Milk Choices</b> Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Milk Choices</p> <p><b>Fruit</b> Fresh Fruit Canned Fruit</p>	<p><b>Entrees</b> Dutch Waffle Syrup</p> <p><b>Nutrigrain Bar w/ String Cheese</b> String Cheese Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar</p> <p><b>Cereal Assortment</b> Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Rice Krispie Cereal Bowl Chex Cinnamon Cereal Bowl Rice Chex Cereal Bowl Frosted Corn Flakes Cereal Bowl</p> <p><b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p> <p><b>Milk SY'19 Breakfast Milk Choices</b> Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices</p> <p><b>Fruit</b> Fresh Fruit Canned Fruit</p>	<p><b>Biscuit</b> Sausage Biscuit Egg Biscuit Chicken Biscuit Jelly</p> <p><b>Cereal Bar w/ String Cheese</b> String Cheese Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar</p> <p><b>Cereal Assortment</b> Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Rice Krispie Cereal Bowl Chex Cinnamon Cereal Bowl Rice Chex Cereal Bowl Frosted Corn Flakes Cereal Bowl</p> <p><b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p> <p><b>Milk SY'19 Breakfast Milk Choices</b> Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices</p> <p><b>Fruit</b> Fresh Fruit Canned Fruit</p>	<p><b>Entrees</b> Cheese Grits Plain Biscuit</p> <p><b>Poptart w/ String Cheese</b> String Cheese Poptarts, Cinnamon, WG Poptarts, Strawberry, WG</p> <p><b>Cereal Assortment</b> Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Rice Krispie Cereal Bowl Chex Cinnamon Cereal Bowl Rice Chex Cereal Bowl Frosted Corn Flakes Cereal Bowl</p> <p><b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice</p> <p><b>Milk SY'19 Breakfast Milk Choices</b> Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices</p> <p><b>Fruit</b> Fresh Fruit Canned Fruit</p>

SY' 19-20 Elem/Middle School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
18	19	20	21	22
<p><b>Entrees</b> Breakfast Burrito Bowl <b>Poptart w/ String Cheese</b> String Cheese Poptarts, Cinnamon, WG Poptarts, Strawberry, WG <b>Cereal Assortment</b> Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Rice Krispie Cereal Bowl Chex Cinnamon Cereal Bowl Rice Chex Cereal Bowl Frosted Corn Flakes Cereal Bowl <b>Fruit</b> Fresh Fruit Canned Fruit <b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice <b>Milk SY'19 Breakfast Milk Choices</b> Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Milk Choices</p>	<p><b>Entrees</b> Breakfast Pizza <b>Cereal Bar w/ String Cheese</b> String Cheese Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar <b>Cereal Assortment</b> Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Rice Krispie Cereal Bowl Chex Cinnamon Cereal Bowl Rice Chex Cereal Bowl Frosted Corn Flakes Cereal Bowl <b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice <b>Milk SY'19 Breakfast Milk Choices</b> Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices Milk Choices <b>Fruit</b> Fresh Fruit Canned Fruit</p>	<p><b>Entrees</b> Pancakes, w/Strawberry Syrup <b>Nutrigrain Bar w/ String Cheese</b> String Cheese Blueberry Nutrigrain Cereal Bar Strawberry Nutrigrain Cereal Bar <b>Cereal Assortment</b> Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Rice Krispie Cereal Bowl Chex Cinnamon Cereal Bowl Rice Chex Cereal Bowl Frosted Corn Flakes Cereal Bowl <b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice <b>Milk SY'19 Breakfast Milk Choices</b> Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices <b>Fruit</b> Fresh Fruit Canned Fruit</p>	<p><b>Biscuit</b> Chicken Biscuit Sausage Biscuit Egg Biscuit Jelly <b>Cereal Bar w/ String Cheese</b> String Cheese Chewy Cocoa Krispies Cereal Bar Cinnamon Toast Crunch Cereal Bar Trix Cereal Bar <b>Cereal Assortment</b> Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Frosted Corn Flakes Cereal Bowl Trix Cereal Bowl Rice Krispie Cereal Bowl Chex Cinnamon Cereal Bowl Rice Chex Cereal Bowl Frosted Corn Flakes Cereal Bowl <b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice <b>Milk SY'19 Breakfast Milk Choices</b> Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices <b>Fruit</b> Fresh Fruit Canned Fruit</p>	<p><b>Entrees</b> Cheese Grits Toast <b>Poptart w/ String Cheese</b> String Cheese Poptarts, Cinnamon, WG Poptarts, Strawberry, WG <b>Cereal Assortment</b> Cheerios Cereal Bowl Cinnamon Toast Crunch Cereal Bowl Trix Cereal Bowl Rice Krispie Cereal Bowl Chex Cinnamon Cereal Bowl Rice Chex Cereal Bowl Frosted Corn Flakes Cereal Bowl <b>Juice Variety</b> Apple Cherry Juice Apple Juice Fruit Punch Juice Grape Juice Orange Pineapple Juice Orange Juice <b>Milk SY'19 Breakfast Milk Choices</b> Milk Choices, Fat Free Chocolate Milk Choices, Fat Free Strawberry Milk Choices, Fat Free Vanilla Milk Choices Milk Choices Milk Choices <b>Fruit</b> Fresh Fruit Canned Fruit</p>

SY' 19-20 Elem/Middle School Breakfast Menu (11/1/2019 to 11/30/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">25</p> 	<p style="text-align: right;">26</p> 	<p style="text-align: right;">27</p> 	<p style="text-align: right;">28</p> 	<p style="text-align: right;">29</p> 