



SCHOOL LUNCH HERO DAY
May 3, 2019!

Muscogee County School District
School Nutrition Program
May 2019 Middle Menu

NO NEED FOR A CAPE
WHEN YOU HAVE AN APRON.

Monday	Tuesday	Wednesday	Thursday	Friday	
29-Apr	30-Apr	1-May	2	3	(M) Pancakes, w/ Cinnamon Glaze (T) Breakfast Pizza (W) Donut (Th) Biscuit Variety (F) Cheese Grits w/ Toast
1. Philly Cheesesteak Sandwich 2. Popcorn Chicken w/ Breadstick	1. BBQ Sandwich 2. Hot Dog	1. Chicken Alfredo n' Broccoli w/ Garlic Bread 2. Cheese Filled Breadsticks w/ Marinara	1. Baked or Oven Fried Chicken w/ Cornbread 2. Mini Corn Dogs	1. Cheese or Pepperoni Pizza 2. Buffalo Chicken Sandwich SCHOOL LUNCH HERO DAY	
6	7	8	9	10	(M) French Toast Sticks (T) Breakfast Pizza (W) Cinnamon Toast w/ Overnight Oats (Th) Biscuit Variety (F) Grits n' Sausage w/ Toast
1. Boneless Buffalo Bites w/ Breadstick 2. Grilled Cheese	1. Nachos 2. Quesadilla	1. Spaghetti n' Meat Sauce w/ Garlic Bread 2. Cheese Filled Breadsticks w/ Marinara	1. Baked or Oven Fried Chicken w/ Cornbread 2. Mini Corn Dogs	1. Cheese or Pepperoni Pizza 2. Pepper Jack Cheese Burger	
13	14	15	16	17	(M) Breakfast Burrito Bowl (T) Breakfast Pizza (W) Cinnamon Rolls (Th) Biscuit Variety (F) Cheese Grits w/ Toast
1. Beef n' Broccoli w/ Veggie Fried Rice 2. Hamburger	1. BBQ Sandwich 2. Hot Dog	1. Salisbury Steak w/ Roll 2. Buffalo Chicken Sandwich	1. Baked or Oven Fried Chicken w/ Mac n' Cheese 2. Mini Corn Dogs	1. Cheese or Pepperoni Pizza 2. Chicken Sandwich	
20	21	22	LAST DAY OF SCHOOL-23		24
1. Rib-A-Que Sandwich 2. Popcorn Chicken w/ Breadstick	1. Nachos 2. Quesadilla	Breakfast for Lunch: 1. Popcorn Chicken w/ Dutch Waffle 2. Buffalo Chicken Sandwich	1. Hamburger 2. Hot Dog	Summer Break	(M) French Toast Sticks (T) Breakfast Pizza (W) Cinnamon Rolls (Th) Cheese Grits n' Sausage w/ Toast
Offered Daily: Assorted Fresh Fruits, Vegetables, Fruit Juices, & Milk Choices	** Alternate Entrees that may be available **			* Every Day Breakfast Choices *	
	PB&J, Deli Sandwich or Wrap, Turkey, Tuna, Chicken or Ham Chef Salads, Fruit n' Yogurt Plate, Pizza Pak			Available Daily for Breakfast: Assorted Grab n' Go Bags, Cereal, Cereal Bars, Muffins, Pop tarts	
	" This Institution is an Equal Opportunity Provider"				