



**Muscogee County School District**  
School Nutrition Program

**October 2018 Middle School Menu**



Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
1 <b>1. Mandarin Orange Chicken w/ Fried Rice &amp; Egg Roll</b> <b>2. Hamburger</b>	2 <b>1. BBQ Sandwich</b> <b>2. Hot Dog</b>	3 <b>1. Salisbury Steak w/ Rice</b> <b>2. Buffalo Chicken Sandwich</b>	4 <b>1. Baked or Oven Fried Chicken w/ Cornbread</b> <b>2. Mini Corn Dogs</b>	5 <b>1. Cheese or Pepperoni Pizza</b> <b>2. Chicken Sandwich</b>	(M) French Toast Sticks (T) Breakfast Pizza (W) Cinnamon Roll (Th) Biscuit Variety (F) Grits and Sausage
8 <b>No School</b>	9 <b>1. Nachos</b> <b>2. Quesadilla</b>	10 <b>1. Chicken &amp; Broccoli Alfredo Pasta w/ Garlic Bread</b> <b>2. Cheese Filled Breadsticks w/ Marinara</b>	11 <b>1. Baked or Oven Fried Chicken w/ Cornbread</b> <b>2. Mini Corn Dogs</b>	12 <b>1. Cheese or Pepperoni Pizza</b> <b>2. Buffalo Chicken Sandwich</b>	(T) Breakfast Pizza (W) Donut (Th) Biscuit Variety (F) Grits and Sausage
15 <b>1. Boneless Buffalo Bites w/ Breadstick</b> <b>2. Grilled Cheese Sandwich</b>	16 <b>1. BBQ Sandwich</b> <b>2. Hot Dog</b>	17 <b>1. Broccoli n' Cheese Soup w/ Roll</b> <b>2. Chicken Sandwich</b>	18 <b>1. Baked or Oven Fried Chicken w/ Cornbread</b> <b>2. Mini Corn Dogs</b>	19 <b>1. Cheese or Pepperoni Pizza</b> <b>2. Pepper Jack Cheese Burger</b>	(M) Filled Crescent Roll (T) Breakfast Pizza (W) Cinnamon Roll (Th) Biscuit Variety (F) Grits and Sausage
22 <b>1. Rib-A-Q Sandwich</b> <b>2. Popcorn Chicken w/ Breadstick</b>	23 <b>1. Nachos</b> <b>2. Quesadilla</b>	24 <b>Spaghetti &amp; Meat Sauce w/ Cheese Filled Breadstick</b>	25 <b>1. Baked or Oven Fried Chicken w/ Cornbread</b> <b>2. Mini Corn Dogs</b>	26 <b>1. Cheese or Pepperoni Pizza</b> <b>2. Chicken Sandwich</b>	(M) Cinnamon Glazed Pancakes (T) Breakfast Pizza (W) Donut (Th) Biscuit Variety (F) Grits and Sausage
29 <b>1. Mandarin Orange Chicken w/ Fried Rice &amp; Egg Roll</b> <b>2. Hamburger</b>	30 <b>1. BBQ Sandwich</b> <b>2. Hot Dog</b>	31 <b>1. Chicken &amp; Broccoli Alfredo Pasta w/ Garlic Bread</b> <b>2. Cheese Filled Breadsticks w/ Marinara</b>	1-Nov <b>1. Baked or Oven Fried Chicken w/ Cornbread</b> <b>2. Mini Corn Dogs</b>	2-Nov <b>1. Cheese or Pepperoni Pizza</b> <b>2. Buffalo Chicken Sandwich</b>	(M) French Toast Sticks (T) Breakfast Pizza (W) Cinnamon Roll (Th) Biscuit Variety (F) Grits and Sausage

**Offered Daily: Assorted Fresh Fruits, Vegetables, Fruit Juices, & Milk Choices**

**\* Alternate Entrees That May Be Available \***  
**PB&J, Deli Sandwich or Wrap, Turkey, Tuna, Chicken or Ham Chef Salads, Fruit and Yogurt Plate, Pizza Pak**

**\* Breakfast Choices That May Be Available \***  
**Available Daily for Breakfast: Assorted Grab n' Go Bags, Cereal, Cereal Bars, Muffins, Pop tarts**

**" This Institution is an Equal Opportunity Provider "**

<https://schoolnutrition.org/meetings/events/nslw/2018/marketing-preresources/>

**THANK YOU**

for your support of farm to school programming in Muscogee County. Here's what you made possible in 2017:

**6,166,260**  
**LOCALLY GROWN MEALS SERVED**

**41 TASTE TESTS OR COOKING DEMONSTRATIONS**

**14 SCHOOL GARDENS (AND GROWING!)**

**4-H CLUBS IN 10 SCHOOLS**

Muscogee County School District  
Golden Radish Awards  
2015 - Honorary  
2016 - Bronze  
2017 - Silver  
**2018 - WE WANT GOLD!**

