

Celebrate your school's lunch heroes on the first Friday in May!

SCHOOL LUNCH HERO DAY



Muscogee County School District

School Nutrition Program

May 2019 High Menu

NO NEED FOR A CAPE WHEN YOU HAVE AN APRON.



Monday	Tuesday	Wednesday	Thursday	Friday	
29-Apr	30-Apr	1-May	2	3	(M) Pancakes, w/ Cinnamon Glaze (T) Breakfast Pizza (W) Cinnamon Rolls (Th) Waffle Sandwich (F) Cheese Grits n' Sausage w/ Toast
Chicken Parmesan Sandwich	Nacho Bar	Chicken n' Broccoli Alfredo w/ Cheese Filled Breadstick	Baked or Oven Fried Chicken w/ Cornbread or Mac n' Cheese	Seafood Basket SCHOOL LUNCH HERO DAY	
6	7	8	9	10	(M) French Toast Sticks (T) Breakfast Pizza (W) Donut (Th) Waffle Sandwich (F) Cheese Grits n' Sausage w/ Toast
Chili Dog	Nacho Bar	Breakfast for Lunch: Popcorn Chicken Dutch Waffle	Baked or Oven Fried Chicken w/ Cornbread or Mac n' Cheese	Philly Cheesesteak Sandwich	
13	14	15	16	17	(M) Breakfast Burrito Bowl (T) Breakfast Pizza (W) Cinnamon Toast w/ Overnight Oats (Th) Sausage n' Cheese Croissant (F) Grits n' Sausage w/ Toast
Pepper Jack Cheeseburger	Nacho Bar	Chicken n' Broccoli Alfredo w/ Cheese Filled Breadstick	Baked or Oven Fried Chicken w/ Cornbread or Mac n' Cheese	Boneless Buffalo Bites w/ Breadstick	
20	21	22	LAST DAY OF SCHOOL-23	24	(M) Filled Crescent Roll (T) Breakfast Pizza (W) Cinnamon Rolls (Th) Cheese Grits n' Sausage w/ Toast
Salisbury Steak w/ Roll	Nacho Bar	Breakfast for Lunch: French Toast Sticks, Sausage, Eggs	Chili Dog	Summer Break	
Offered Daily: Assorted Pizza, Cold Plates, Hot Sandwiches, Fresh Fruits, Vegetables, Fruit Juices, & Milk Choices		** Alternate Entrees that may be available **			* Every Day Breakfast Choices *
		PB&J, Deli Sandwich or Wrap, Turkey, Tuna, Chicken or Ham Chef Salads, Fruit n' Yogurt Plate			Available Daily for Breakfast: Assorted Grab n' Go Bags, Cereal, Cereal Bars, Muffins, Pop tarts, & A Biscuit of the Day
		" This Institution is an Equal Opportunity Provider"			