



Muscogee County School District

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For Immediate Release

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NEWS RELEASE

MCSD Celebrates National School Breakfast Week March 8-12, 2010

(Columbus, GA) - The Muscogee County School District (MCS D) celebrates National School Breakfast Week from March 8-12, 2010. Studies have shown that children who eat breakfast make fewer mistakes and work faster in math. They also score higher on standardized tests!

The Muscogee County School Nutrition Program served over 1.8 million breakfasts last year. Each school breakfast provides a student with at least 25% of the recommended RDA for calories, calcium, protein, and vitamins A, E, D and B-6.

For more information, e-mail communications@mcsdga.net or contact the School Nutrition Department at 706-748-3218.