



# Muscofee County School District

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## For Immediate Release

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## NEWS RELEASE

### Pre-Participation Screening Evaluations High School and Rising 9<sup>th</sup> Grade Student Athletes

**(Columbus, GA)**-The Institute of Athletic Health Care and Research, a non-profit organization affiliated with The Hughston Foundation, will be providing sport **Pre-Participation Screening Evaluations (PPSE)** on **Saturday, May 14, 2011**, at Shaw High School, which is located at 7579 Raider Way. The evaluations cost **ten dollars (\$10)** per athlete. The PPSE will include several checkpoint stations.

- ◆ Medical History  
*(Parents should complete the medical release form & the medical history section of the physical form prior to reporting for the PPSE.)*
- ◆ Height and Weight
- ◆ Blood Pressure and Pulse
- ◆ Vision Screening
- ◆ General Medical Check
- ◆ Musculoskeletal Exam
- ◆ Body Composition

Saturday, May 14, 2011, will be the **only** high school PPSE session for the 2011-2012 school year. Athletes will be responsible for providing a physical from another physician prior to participating in summer athletic activities if he or she does not attend the PPSE session. Coaches will accompany the athletes during the physicals (1 coach per 30 athletes).

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All athletes must be dressed in shorts, t-shirts, socks, and tennis shoes. Do not wear pants, blue jeans or sandals. Participants should report to the front of Shaw High School at least fifteen (15) minutes prior to the assigned school times.

**PPSE Schedule**

8:00 A.M.	Shaw High School
8:45 A.M.	Kendrick High School
9:15 A.M.	Carver High School
10:00 A.M.	Jordan High School
10:30 A.M.	Hardaway High School
11:15 A.M.	Columbus High School
11:45 A.M.	Northside High School
12:15 P.M.	Spencer High School
12:45 P.M.	Smiths Station High School
1:15 P.M.	Chatt County and Glenwood
1:45 P.M.	Central – Phenix City
2:15 P.M.	Manchester and Central Talbotton
2:45 P.M.	Muscogee County Rising 9 <sup>th</sup> Grade Students

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