



Muscogee County School District

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For Immediate Release

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MEDIA RELEASE

SEAMLESS SUMMER FEEDING PROGRAM FREE for CHILDREN 18 and Under

(Columbus, GA)-Muscogee County School District *free* Seamless Summer Feeding Program begins Monday, June 1, 2015. Children who are one to 18 years of age may participate at no cost. A person who is 19 years or older *if* physically or mentally handicap that is enrolled or participated during the school year in a *public* or *private non-profit* school program may also qualify. Breakfast is served from 8:00 a.m. to 9:00 a.m. Lunch is served from 11:30 a.m. - 1:00 p.m. (Monday through Thursday) at the following school sites June 1 - July 23, 2015. All sites will be closed on Friday, July 3, 2015, and Monday, July 6, 2015.

2015 Summer Feeding School Sites

1. Arnold Middle School
2. Brewer Elementary School
3. Carver High School
4. J.D. Davis Elementary School
5. Dawson Elementary School
6. Double Churches Middle School
7. Dorothy Height Elementary School
8. Early College School
9. East Columbus Middle School
10. Eddy Middle School
11. Forrest Road Elementary School
12. Fort Middle School
13. Fox Elementary School
14. Jordan High School

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15. Key Elementary School
16. Lonnie Jackson Elementary School
17. Martin Luther King, Jr. Elementary School
18. Rigdon Road Elementary School
19. Spencer High School
20. St. Mary's Elementary School
21. Wesley Heights Elementary School

Meals and school site operation is contingent upon participation numbers to keep the site open until July 23, 2015. Adults may purchase meals at cost:

Breakfast \$ 1.50

Lunch \$ 4.50.

USDA is an Equal Opportunity Provider and Employer

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Muscogee County Seamless Summer Feeding Program June and July 2015

Menu Week # 1	06/01/15	06/02/15	06/03/15	06/04/15	06/05/15
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Sausage Biscuit Fruit or Juice Choice Milk Choice	Mini Cinis w/String Cheese Fruit or Juice Choice Milk Choice	Pancake on a Stick Fruit or Juice Choice Milk choice	Egg Biscuit Fruit or Juice Choice Milk Choice	
	Lunch	Lunch	Lunch	Lunch	Lunch
Turkey & Cheese Sandwich Spinach Salad Baby Carrots Fruit Milk Choice	Rib-A-Que Sandwich Corn Cobbette Broccoli Dippers Fruit Milk Choice	Hot Dogs w/Bun & Baked Chips Cole Slaw Baked Beans Fruit Milk Choice	Oven Fried Chicken w/Rolls Sweet Potatoes Souffle Seasoned Green Beans Fruit Milk Choice	NO MEALS	
Snack: Doritos & Juice	Snack: Nutrigrain Bar & Milk	Snack: Goldfish Graham & Milk	Snack: Cheezit & Juice		
Menu Week #2	06/08/15	06/09/15	06/10/15	06/11/15	06/12/15
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Croissant w/Egg & Cheese Fruit or Juice Choice Milk Choice	Breakfast Pizza Fruit or Juice Choice Milk Choice	Mini Pancake Bag Fruit or Juice Choice Milk Choice	Mini Cinis w/String Cheese Fruit or Juice Choice Milk Choice	
	Lunch	Lunch	Lunch	Lunch	Lunch
Deli Sandwich Baby Carrots Broccoli Dippers Fruit Milk Choice	Sloppy Joe w/ Bun Sweet Potato Fries Green Beans Fruit Milk Choice	Deli Sandwich w/Chips Potato Salad Peas & Carrots Fruit Milk Choice	BBQ Chicken Cole Slaw Baked Beans Rolls/Cornbread Milk Choice	NO MEALS	
Snack: Bug Bites & Juice	Snack: Elf Cookies & Milk	Snack: Chex Mix & Juice	Snack: Oatmeal Crème & Juice		
Menu Week # 3	06/15/15	06/16/15	06/17/15	06/18/15	06/19/15
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Pancake on a Stick Fruit or Juice Choice Milk Choice	French Toast w/Sausage Fruit or Juice Choice Milk Choice	Croissant w/Egg & Cheese Fruit or Juice Choice Milk Choice	Mini Cinnis w/String Cheese Fruit or Juice Choice Milk Choice	
	Lunch	Lunch	Lunch	Lunch	Lunch
Ham & Cheese Sandwich Sweet Potato Fries Broccoli Dippers Fruit Milk Choice	Hot Dog w/Bun Cole Slaw Potato Wedges Fruit Milk Choice	Turkey and Cheese Sandwich Baked Beans Baby Carrots Fruit Milk Choice	Oven Fried Chicken w/Rolls Potato Salad Seasoned Greens Fruit Milk Choice	NO MEALS	
Snack: Nutrigrain Bar & Milk	Snack: Gramwich & Milk	Snack: Simply Chex Mix & Juice	Snack: Goldfish Crackers & Juice		

Muscogee County Seamless Summer Feeding Program June and July 2015

Menu Week # 4	06/22/15	06/23/15	06/24/15	06/25/15	06/26/15
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Sausage Biscuit Fruit or Juice Choice Milk Choice	Mini Pancake Bag Fruit or Juice Choice Milk Choice	Egg Biscuit Fruit or Juice Choice Milk Choice	French Toast w/ Sausage Fruit or Juice Choice Milk Choice	
	Lunch	Lunch	Lunch	Lunch	Lunch
	Cheeseburger w/ Bun Potato Wedges Broccoli Dippers Fruit Milk Choice Snack: Pretzels & Juice	Chicken Filet Sandwich Cole Slaw Sweet Potato Fries Fruit Milk Choice Snack: Doritos & Juice	Deli Sandwich w/Chips Baby Carrots Green Beans Fruit Milk Choice Snack: Goldfish Graham & Milk	BBQ Chicken Corn Cobbette Baked Beans Rolls/Cornbread Milk Choice Snack: Cheezit Scrabble & Juice	NO MEALS
Menu Week # 5	06/29/15	06/30/15	07/01/15	07/02/15	07/03/15
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Sausage Biscuit Juice Choice Milk Choice	Mini Cinis w/String Cheese Juice Choice Milk Choice	Pancake on a Stick Juice Choice Milk Choice	Egg Biscuit Juice Choice Milk Choice	
	Lunch	Lunch	Lunch	Lunch	Lunch
	Turkey & Cheese Sandwich Spinach Salad Baby Carrots Fruit Milk Choice Snack: Simply Chex Mix & Juice	Rib-A-Que Sandwich Corn Cobbette Broccoli Dippers Fruit Milk Choice Snack: Gramwich & Milk	Hot Dogs w/Bun & Baked Chips Cole Slaw Baked Beans Fruit Milk Choice Snack: Elf Cookies & Milk	Oven Fried Chicken Sweet Potatoes Souffle Seasoned Green Beans Fruit Milk Choice Snack: Doritos & Juice	NO MEALS
Menu Week # 6	07/06/15	07/07/15	07/08/15	07/09/15	07/10/15
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
		Breakfast Pizza Fruit or Juice Choice Milk Choice	Chicken Biscuit Fruit or Juice Choice Milk Choice	Mini Pancake Bag Fruit or Juice Choice Milk Choice	
	Lunch	Lunch	Lunch	Lunch	Lunch
	NO MEALS	Fish Sandwich w/Bun Sweet Potato Fries Cole Slaw Fruit Milk Choice Snack: Graham Bug Bites & Juice	Deli Sandwich w/Chips Potato Salad Peas & Carrots Fruit Milk Choice Snack: Elf Cookies & Milk	BBQ Chicken Cole Slaw Baked Beans Rolls/Cornbread Milk Choice Snack: Cheese Curls & Juice	NO MEALS

Muscogee County Seamless Summer Feeding Program June and July 2015

	07/13/15	07/14/15	07/15/15	07/16/15	07/17/15
Menu Week # 7	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Pancake on a Stick Fruit or Juice Choice Milk Choice	French Toast w/Sausage Fruit or Juice Choice Milk Choice	Croissant w/Egg & Cheese Fruit or Juice Choice Milk Choice	Mini Cinnis w/String Cheese Fruit or Juice Choice Milk Choice	
	Lunch	Lunch	Lunch	Lunch	Lunch
	Meatball Sub Sweet Potato Fries Broccoli Dippers Fruit Milk Choice	BBQ Sandwich w/Bun Cole Slaw Potato Wedges Fruit Milk Choice	Deli Turkey Sandwich Baked Beans Baby Carrots Fruit Milk Choice	Oven Fried Chicken w/Rolls Cream Corn Seasoned Green Beans Rolls/Cornbread Milk Choice	NO MEALS
	Snack: Nutrigrain Bar & Milk	Snack: Gramwich & Milk	Snack: Simply Chex Mix & Juice	Snack: Goldfish Crackers & Juice	
Menu Week # 8	07/20/15	07/21/15	07/22/15	07/23/15	07/24/15
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Sausage Biscuit Fruit or Juice Choice Milk Choice	Mini Pancake Bag Fruit or Juice Choice Milk Choice	Egg Biscuit Fruit or Juice Choice Milk Choice	Breakfast Pizza Fruit or Juice Choice Milk Choice	
	Lunch	Lunch	Lunch	Lunch	Lunch
	Cheeseburger w/ Bun Potato Wedges Broccoli Dippers Fruit Milk Choice	Hot Dog w/Bun Cole Slaw Sweet Potato Fries Fruit Milk Choice	Deli Sandwich w/Chips Baby Carrots Green Beans Fruit Milk Choice	Chicken Filet Sandwich Corn on Cob Baked Beans Fruit Milk Choice	NO MEALS
Snack: Pretzels & Juice	Snack: Doritos & Juice	Snack: Goldfish Graham & Milk	Snack: Cheezit Scrabble & Juice		
Menu Week # 9	07/27/15	07/28/15	07/29/15	07/30/15	07/31/15
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Manager's Choice Juice Choice Milk Choice	Manager's Choice Fruit or Juice Choice Milk Choice	Manager's Choice Fruit or Juice Choice Milk Choice	Manager's Choice Fruit or Juice Choice Milk Choice	
	Lunch	Lunch	Lunch	Lunch	Lunch
	Manager's Choice Entrée Manager's veggie choice Manager's veggie or fruit choice Manager's Fruit choice Milk choice	Manager's Choice Entrée Manager's veggie choice Manager's veggie or fruit choice Manager's Fruit choice Milk choice	Manager's Choice Entrée Manager's veggie choice Manager's veggie or fruit choice Manager's Fruit choice Milk choice	Manager's Choice Entrée Manager's veggie choice Manager's veggie or fruit choice Manager's Fruit choice Milk choice	NO MEALS
Snack: Elf Cookies & Milk	Snack: Simply Chex Mix & Juice	Snack: Nutrigrain Bar & Milk	Snack: Oatmeal Crème Cookie & Juice		